

Get to know your onsite counselor



"The most important thing in life is not what happens to us, but how we respond to it."
-Dr. Aaron Beck

For information about your EAP benefits contact us today.

1-877-374-2779, TTY: 711
ResourcesForLiving.com
Username: UPS
Access Code: RFL

Earl J. Bell

LCSW

UPS Onsite Counselor



Biography:

Earl is a seasoned and compassionate Licensed Clinical Social Worker with over 25 years of dedicated service in the field of mental health. He has been deeply committed to enhancing the well-being of individuals facing various mental health challenges.

Earl provides empathetic and evidence-based therapeutic interventions. Specializing in a diverse range of mental health issues, he has worked with clients across various age groups, backgrounds, and cultures. His extensive experience includes counseling individuals, couples, and families, fostering resilience and empowering clients to navigate life's complexities.



Onsite counseling hours:

Monday - Friday
10pm to 2am

If you are experiencing a mental health crisis, please call 988 or 911.

Scan the QR code below to schedule an appointment



For legal disclaimers, scan the QR code or visit **rfl.com/Disclaimers**.

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