



## Friends and Family as a Resource

Friends and family can play a crucial role in helping students secure experiential learning opportunities. Here are some ways they can assist:

- 1) Networking:** They can leverage their own professional networks to connect students with potential experiential learning opportunities. Sometimes, a personal recommendation can make a big difference.
- 2) Resume and Cover Letter Review:** Offering to review and provide feedback on resumes and cover letters can help students present themselves more effectively to potential employers.
- 3) Mock Interviews:** Conducting mock interviews can help students practice and improve their interview skills, making them more confident and prepared.
- 4) Research Assistance:** Helping students research companies and opportunities can save time and provide valuable insights into the application process.
- 5) Encouragement and Support:** Emotional support and encouragement can boost a student's confidence and motivation during the search process.
- 6) Sharing Resources:** Friends and family can share useful resources, such as job boards, career fairs, and workshops that might help in the search.

Asking friends and family for help can feel a bit daunting, but remember that they likely want to support you. Here are some tips on how to approach the conversation:

- 1) Be Clear and Specific:** Clearly explain what kind of opportunity you're looking for and how they can help.
- 2) Express Your Goals:** Share your career goals and why this opportunity is important to you. This helps them understand your motivation and how they can best support you.
- 3) Be Respectful of Their Time:** Acknowledge that they might be busy and thank them in advance for any help they can provide.
- 4) Offer to Follow Up:** Make it easy for them to help by offering to follow up. For example, "If you think of anyone, I can send you my resume to pass along."
- 5) Show Gratitude:** Always thank them for their time and any assistance they provide, regardless of the outcome. A simple thank you note or message can go a long way.

# Sample Request Email:

**Subject:** Request for Assistance with Internship Search



Hi **[Friend/Family Member]**,



I hope you're doing well! I'm currently looking for an internship in **[your field of interest]** and was wondering if you might know anyone who is hiring or could offer some advice. This opportunity is really important to me because **[briefly explain your goals]**.



I understand you're busy, so I appreciate any help you can provide. If you think of anyone, I'd be happy to send over my resume.

Thank you so much for your support!

Best,  
**[Your Name]**

