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Welcome to Metropolitan College!

We hope you find this presentation useful as you build your knowledge of Metropolitan College to better support your student(s) as they attend JCTC and work at UPS. This presentation will discuss what Metropolitan College is, what a UPS work experience may look like, what possible savings and perks you and your student have to look forward to, and finally how to get started with Metropolitan College.

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So, what exactly is Metropolitan College?

Metropolitan College is a unique partnership between UPS, the University of Louisville, Jefferson Community and Technical College, Louisville Metro Government, and the Commonwealth of Kentucky. For more than 25 years, we've offered students more than free tuition—MC provides true career acceleration through real-world work experience, dedicated student success coaches, and MC-specific career pathway programs. MC participants receive 100% paid in state undergraduate tuition, along with potential academic bonuses, fee support, wealth-building resources, and full UPS employee benefits. Every student works part-time at UPS, earning at least \$21 per hour while building real, transferable skills. This hands-on experience supports our Career Ready Graduate model and prepares students for high-demand careers across Kentucky.

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This slide provides a screenshot of two example schedules of what an MC student's schedule could look like.

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For Metro College students, an academic timeline is especially important because their success depends on carefully balancing third-shift employment at UPS with full-time college coursework. The timeline helps them:

- Plan ahead for priority registration, so they get class schedules that fit overnight work.
- Stay on top of Student Agreement deadlines and deferment requirements to secure tuition benefits.

- Anticipate busy times like UPS peak season while still managing academic responsibilities.
- Use summer and fall planning strategically to graduate on time.

By following the academic timeline, Metro College students can reduce stress, avoid missed opportunities, and build the consistency they need to succeed both at UPS and in college.

View [MC's Academic Advising Guide](#)

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Metropolitan College offers **three educational pathways** for students who want to continue their education and prepare for careers that require training beyond a high school diploma. These pathways give students flexible options to earn college credentials, gain work experience, and reduce the overall cost of pursuing a degree. Students and their supporters are encouraged to use the **MC Total Benefits Calculator** to compare options and determine which pathway maximizes their financial benefits. The calculator helps families understand potential savings, remaining costs, and the long-term value of each route.

View [MC's Total Benefits Calculator](#)

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In addition to Metropolitan College's career services benefits, the MC Career Pathways provides resources, guidance, and support to explore career opportunities that align with the student's skills, interests and aspirations.

We are continually working to add more Career Pathways for MC students. Slides 6 and 7 showcase some of the currently Pathways available to our students.

View [MC's Career Pathways](#)

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Typical Work Schedule

Start Times:

Shifts typically begin between 10:00–11:00 p.m., depending on volume. Start times are generally provided about a week in advance, and your student will be notified if there are any changes. During peak season, start times may be significantly earlier.

End Times:

Shifts usually end around 3:30–4:00 a.m., depending on volume. Your student will leave once the sort is complete, not at a set time every night.

Weather:

The temperature inside the facility matches the temperature outside, so your student should dress appropriately for the weather. Layering is highly recommended, as they may warm up while working.

Working Hours:

There is no guaranteed shift length. Start and end times can vary, especially during peak season when volume is higher, so your student should plan accordingly.

Work Environment**What is the work like at UPS?**

Your student will be working in a warehouse environment. The work is physically demanding, and they can expect to get warm and sweat. It's common to feel sore during the first week, especially if they're not used to repetitive movements or lifting. The environment can be dirty, so comfortable, durable clothing is recommended rather than dress clothes.

Hiring Process**How does your student get started, and what are the requirements?**

To apply at UPS, your student will visit [UPSjobs.com/Worldport](https://www.upsjobs.com/Worldport). At the end of the application, they'll schedule a biometric appointment. At that appointment, they must bring two forms of government-issued ID. If the student is 17 or 18 years old, a high school diploma is also required. After that, they will be waiting on their background check to come back and someone will reach out so they can schedule their start date.

For questions, families may email recruitme@ups.com.

Transportation**How does your student get to work?**

Your student will need reliable transportation, whether that's driving, carpooling, ridesharing, or using TARC. UPS employees receive free access to TARC (public transportation) by showing their UPS badge.

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ULtra is a program offering academic support services for Jefferson Community & Technical College students planning to transfer to UofL

Metropolitan College students are strongly encouraged to join ULtra before transferring to UofL.

ULtra advisors are available to meet with JCTC students to help with the UofL Transfer application process, determine the best time to apply, and to give information on what to expect after applying. MC Students can contact an [ULtra advisor](#) directly or email, ultra@louisville.edu. Students can also stop by in-person at the ULtra office located on the **Second Floor of the JCTC's Smith Library**.

It is highly encouraged that JCTC MC students become ULtra students even if they are not completely sure they will transfer at some point.

View [MC's Checklist for MC JCTC Students Transferring to MC UofL](#)

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In addition to meeting with ULtra, students looking to attend/transfer to UofL must meet one of the following academic requirements:

- Cumulative high school GPA of 3.3 (GED 660).

OR

- Cumulative high school GPA of 3.0 (GED 600) **AND** a 21 ACT (1060 SAT) composite or Superscore.

OR

- 60 earned or transferable college credit hours **OR** an associate degree.

For students who do not meet the academic-eligibility requirement to sign an MC agreement at UofL, the following options are available:

- Submit a petition requesting approval to receive benefits at UofL without meeting the MC UofL academic-eligibility requirement. The MC [Submit a Petition](#) link is available at the bottom of every page of the metro-college.com website. You do not have to be employed in an MC-eligible position at UPS prior to submitting a petition.
- Participate in MC at [Jefferson Community and Technical College](#) (JCTC) to earn 60 transferable credit hours or an associate degree, then utilize MC at UofL.
- Utilize [UPS Earn and Learn](#) while attending UofL, then submit a petition requesting approval to receive MC benefits after earning a 2.7 GPA at UofL.

View [MC's Checklist for MC JCTC Students Transferring to MC UofL](#)

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MC offers support to your student through the following avenues:

Staff Support:

- MC Student Success Counselors
- UPS JCTC Recruiter

View our [Contact Us page](#) for info on our MC SSC's, the JCTC recruiter, and our office hours.

Supplemental Support

- Through our partnership with Commonwealth Credit Union, we have created the High 5 program which is a free program designed to help MC students create a budget, save money, make sound financial decisions, and build their wealth. [Learn more here.](#)
- All MC students are required to participate in the Career and Academic Program Plan (CAPP). CAPP assists current MC students by:
 - Crafting a Resume & LinkedIn Profile
 - Conducting a Mock Interview
 - As well as more, review our page [here](#) or more information.
- The Metropolitan College CareerGuide Online Mentorship Program supports the professional development of MC students who are preparing to enter the workforce. This unique and online mentorship program is meant to be a one-time exchange between the students and mentors so there is **no lengthy time commitment** involved. [Learn more here.](#)

Career Pathways

- MC Career Pathways provides resources, guidance, and support to explore career opportunities that align with the student's skills, interests and aspirations. [Learn more here.](#)

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This slide showcases how to navigate our metro-college.com page to find the "Get Started" page where you can find:

- The **Agreement Checklist** for prospective MC students

- The [Sign-Up Form](#) for Information on How to Become a New MC Student
- Direct **UPS recruiter contact info**
 - Including how to sign up for job alerts
- On this page, and within the checklist, you will find the requirements needed to be met to sign the first MC agreement:
 - Secure an eligible **3rd-shift UPS job** (Louisville Next Day Air)
 - **Register for classes** at JCTC
 - Submit the **FAFSA**

View our [“Get Started” page](#)

View our [Agreement Checklist](#)

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This slide showcases how to navigate to our “Supporters” page on our MC website where families can stay updated on **MC events and key information**.

- “MC News and Updates”
 - Covers upcoming deadlines and announcements
 - Information that may directly impact students
- The “Metro College 101” section
 - Includes our required orientation modules students complete before signing their first agreement
- Under the Supporters page you will find a section specifically for Parents & Supporters, where you may want to take note of the:
 - FAQ section which covers most common questions we receive
- You can explore the rest of the site for information surrounding:
 - Staff information
 - UPS contact details
 - Hours of operation

- o Additional resources
- o Contact information
- o And how to follow MC on social media to stay informed
 - @metrocollegeky (facebook & instagram)

View our [Parents & Supporters page](#)

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For slides 16-24, we encourage you to follow along yourself by utilizing the [MC Total Benefits Calculator](#).

- The MC Total Benefits Calculator allows prospective MC students and their parents/supporters to view the potential savings and perks that you may expect each semester when signing an agreement with MC. The next several slides will provide picture examples of how to use and understand the calculator, but we strongly encourage and recommend that you follow along by using the calculator yourself.
- Once you've navigated into the calculator, you'll first begin by selecting your student attending school, JCTC. At any point while using the calculator, you can reset it by selecting the "Clear Calculator" button at the bottom of the screen. This will remove all selections—not just those on the current page—and return you to the main screen where you can choose your school again. We also encourage you to explore the calculator to familiarize yourself with its features, maximize your benefits, and review available pathways such as our 2+2 program.

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- Once you've selected JCTC, you'll be navigating to the screen titled "Tuition and Fees."
- Your students are able to access this exact information via their bursar account once their tuition bill for the semester has been generated.
- For the sake of this exercise, we will go in with the assumption that your student is taking multiple courses leading to a tuition rate of \$2,095. This number can fluctuate depending on the number of courses they're in.
- Similarly, the fees section can also fluctuate depending on if they're taking online courses, have any fees associated with certain courses, and so on, as these are all costs not associated with the tuition amount. Again, for this demonstration, we'll assume this student has only \$225 in fees and \$40 for the JCTC security fee.

- Once you've entered this information, please scroll down and select "Next" at the bottom right of your phone screen.

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- The next section will be where you should include any federal and state grants, aid, and/or scholarships your student is anticipating getting for this semester. In our example, the student is receiving \$370 in Pell grants and \$800 in CAP for the fall 2026 semester. These appear as the first two fillable boxes under "Federal & State Grants & Aid."

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- We will scroll down again on this same page of the calculator to the section below titled "Last Dollar Scholarships"
- In this scenario, let's assume the student is eligible to receive the Evolve 502 scholarship.
- Select the "Next" button at the bottom of the screen.

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- The calculator then generates an estimate of how much they may owe out-of-pocket for that semester, as well as any potential residual funds from financial aid.
- If you scroll to the bottom of the screen, you'll see a breakdown showing exactly how their bill is covered based on the numbers they provided. All MC students can expect that, regardless of whether they receive grants, UPS automatically pays 50% of their tuition. In this example, that's the \$1067.50 shown.
- Federal and state rules require that any grants a student receives must first be applied to the remaining half of their tuition. If the grant amount exceeds that tuition portion, the extra funds can be used toward remaining fees on the bill—and any leftover amount may be returned to the student as residual.
- The calculator also includes the \$250 fee payment students may be eligible for. This payment is added to the student's bursar account approximately 6–8 weeks after they meet their work commitment.
- Next, we'll look at a second scenario to show how the calculation may differ when a student receives fewer grants or has different tuition and fee amounts.

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- To begin this next scenario, you will need to first clear your calculator by selecting the “Clear Calculator” button found at the bottom of the screen.
- Once you are booted back to the main page, you will want to select JCTC as the attending school again.
- Now, we’ll assume the student is taking fewer credit hours than the previous scenario, which brings their tuition down to \$1850.00.
- We’ll also assume they have higher fees, bringing theirs to \$550.00 in “Other Fees” and maintaining the \$40 in the “JCTC Security Fee.”
- You can enter both of these numbers into their designated location in the calculator, as shown on the screen, then select the “Next” button.

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- Next, for the Financial Aid section, we’ll assume this student isn’t receiving any federal or state grants or aid, so we’ll scroll past that section and down to the section titled “Scholarships/Other Aid Programs...”

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- Here we will fill in that they are receiving a \$250.00 KEES scholarship
- Once you’ve entered the number, you can press “Next” at the bottom of the screen.

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- Finally, we arrive at this student’s estimated out-of-pocket cost, which comes to \$50.00.
- When we break down the bill, you’ll see that because this student did not receive any grants, the remaining half of their tuition was covered directly by the Metropolitan College program to ensure they still receive 100% tuition coverage

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Thank you for reviewing our online orientation PowerPoint for families of prospective JCTC Metropolitan College students. If any questions come up, we’re happy to help—please feel free to contact us using the methods below.

- askmetro@kctcs.edu
- (502) 213-4520

